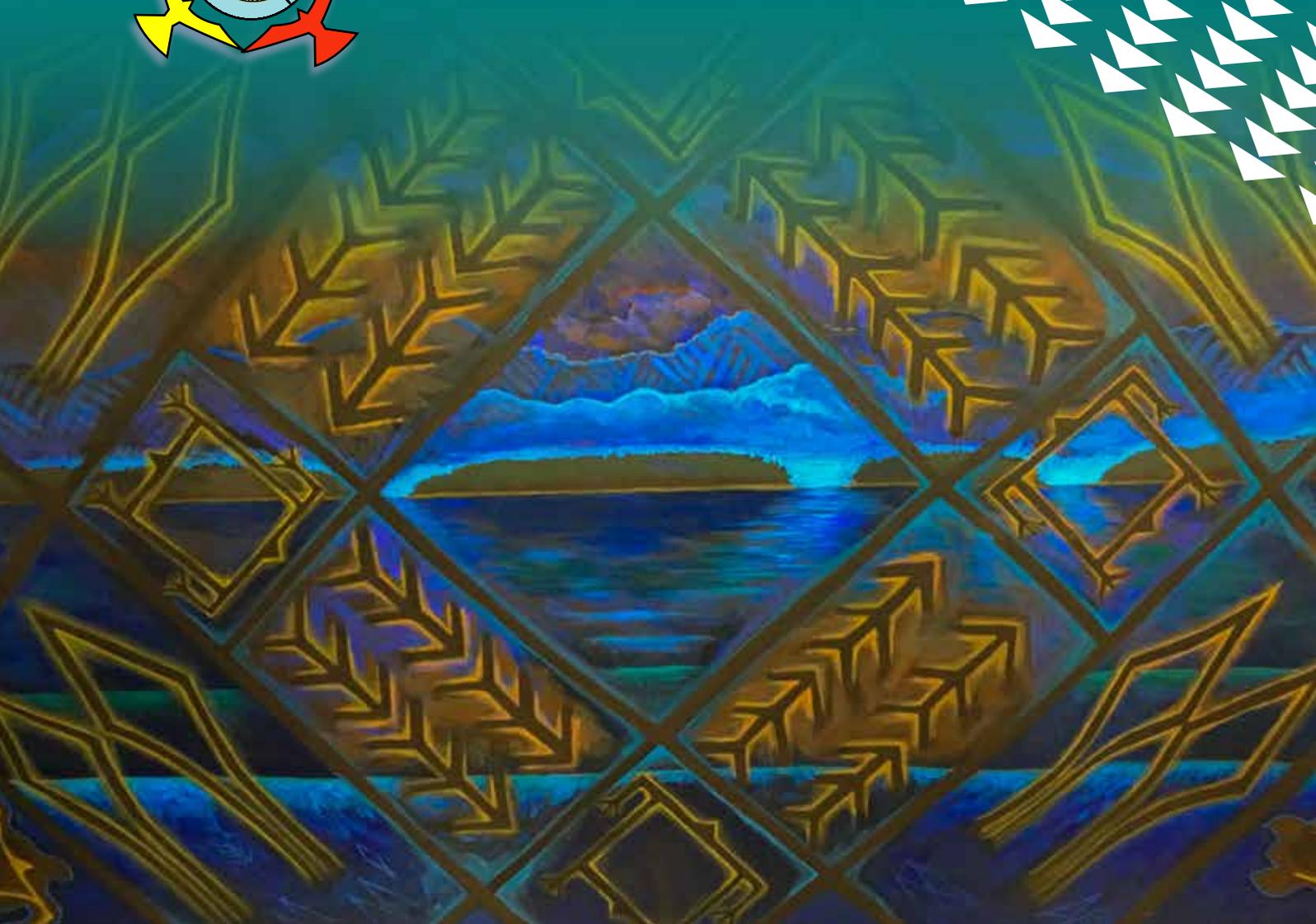
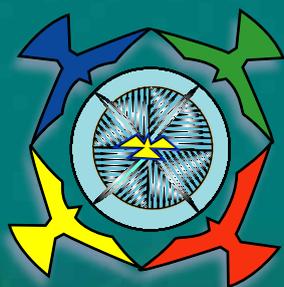


KĀIGA TOKELAU

WELLBEING

National Strategic Plan

2022 – 2026



KĀIGA TOKELAU WELLBEING

National Strategic Plan 2022 - 2026

A NATIONAL PROJECT LED, DEVELOPED, WRITTEN AND ENDORSED BY TOKELAU AOTEAROA-NEW ZEALAND COMMUNITIES IN ASHBURTON, AUCKLAND, CHRISTCHURCH, DUNEDIN, HUTT VALLEY, INVERCARGILL, MANAWATŪ, OĀMARU, PORIRUA, ROTORUA, TIMARU AND TAUPO.

KAIGA TOKELAU WELLBEING PROJECT TEAM

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Nukunonu Representatives: Malia Nive Ahelemo and Vaioleti Lui

Fakaofu Representatives: Veronica Vaovasa and Jack Kirifi

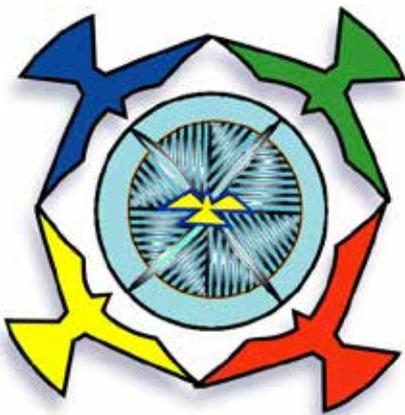
National Strategic Plan Writers: Tufaina Faraimo, Veronica Vaovasa, Jo-Anne Kisona and Vaioleti Lui

COVER PAGE IMAGE

Title: Re-connections (2022)

Artist *Jack Kirifi*

KĀIGA TOKELAU WELLBEING LOGO



A Tokelau *alagakupu* (proverb), ‘*alofa fai tamāmanu*’, which means to care for the most vulnerable in our *kāiga* and community, inspired the creation of this logo.

Our *tamāmanu* (our most vulnerable) is in the middle of the logo, placed in a nest symbolising nourishment and sustenance. It is surrounded by four *lupe* (doves), which are embodied in our songs and chants and are often depicted as messengers or loved ones. In the Christian faith they symbolise peace and hope.

Each *lupe* in this logo represents one of the four *nuku* (atoll villages). Yellow represents Olohega, red Fakaofu, green Nukunonu and blue Atafu. The navigational formations of the *nuku* have been placed in their respectful order. When one travels to Tokelau from the south, anti-clockwise, with Olohega, then Fakaofu, then Nukunonu and finally Atafu. In a clockwise direction, when travelling to Tokelau from the north, one arrives first at Atafu, then Nukunonu, then Fakaofu and finally Olohega.

Each of the four *lupe* is a guardian of our *tamāmanu* and all four *nuku* represent Kāiga Tokelau. The wing tips of the *lupe* are touching each other, representing our strong connections with and to each other through genealogy, language, culture and history.

The interwoven strands in the nest of our *tamāmanu* represent *alofa* (love), identity, connection, shelter and wellbeing. As guardians the *lupe* continue to protect and nurture our *tamāmanu* and their *kāiga*, encompassing the message ‘*Kāiga Tokelau Ke Ola*’.

Tokelau artists: Jack Tiaki Fati Kirifi, Moses Viliamu and the late Zac Mateo.



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FOREWORD - KUPU TOMUA



E tu kita i Vagā, ni tino, ni tino, ni tino.

Hēavea mua ia Kāhina o fēnua, auā e patino lava i Nānavea.

Hēavea mua ia tapu o fēnua, i ona palega ma ona tōkaga.

Hēavea mua ia Aliko o fēnua, i ana hālelega i ala o pāpae.

Hēavea mua ia uluniu o fēnua i ona kōhiga, ma ona tūtaga i muliālakita.

E tomua lava te inati o te Atua. E ōpoia ai ma patipatia te tatou fākafetai.

Kua ake te faiva, ma kua kokou ai nei ia liu o vaka, mo he inati, mo fanau ma kāiga

Tokelau, ke maua he ola fiafia, ola hātala, ola manuia, ma ola mālolō.

We acknowledge first and foremost our Heavenly Father for the continued blessings upon this project, the many people involved and the future ambitions that will follow this work. We also pay tribute to the elders and leaders of the past who paved the way for Tokelau people to establish themselves here in Aotearoa-New Zealand.

We are very proud of this historical achievement, publishing the first national plan for Kāiga Tokelau in Aotearoa-New Zealand. We are even more humbled by such an endeavour because it was led, developed and written by Tokelau, with the voices of kāiga as the beacon of light.

Despite 2020 being a challenging year with a global pandemic, we are sincerely grateful to our Tokelau communities for their unwavering support, and commitment to delivering kāiga summits from Auckland to Dunedin over a period of a month. It was an imperative that all Tokelau regions were engaged in this project. We have been inspired by a desire to mobilise national support and this collective effort to ensure the voices of Tokelau families are at the heart of any government ambitions for Pacific wellbeing.

Thank you to the Tokelau Wellington Leadership Group for lending support, with the Ministry of Social Development, Pasefika Proud team, to secure this contract for the benefit of all Tokelau – particularly for fulfilling the governance and financial stewardship duties of the project, which enabled the team to implement key deliverables efficiently.

We are indebted to our Tokelau elders and leaders of our New Zealand communities, namely Alefosio Tufala (Auckland Tokelau Society Incorporated), Hitolo Pakome (Tokelau Taupō Community), Himona Apete and Tauhehe Iona (Tokelau Rotorua Community), Joe Patelesio (Tokelau Manawatū Community), Tenise Atoni (Atafu Tokelau Community Group), Uili Galo (Te Kāiga Fakaofu Tokelau i Ueligitone), Peato Mateo (Nukunonu Tokelau Society Wellington), Ege Joseph and Ana Tuia-Pereira (Te Umiumiga a Tokelau Hutt Valley), Ake Pereira and Vaka Lemisio (Tokelau Hutt Valley Sports and Culture), Aleki Patelesio (Mafutaga Tupulaga Tokelau Porirua), Tala Kele and Mele Leatuavao (Tokelau Christchurch and Ashburton Community), Hiliako Iaheto (Tokelau Dunedin Community), Olivia Malama and Fuatai Pelesa (Timaru Tokelau Community), Ana Perkins and Maleta Malaki (Oāmaru Tokelau Community) and Sapphire and Solomon Salesa (Invercargill Tokelau Community).

Most importantly, we dedicate this plan to our Tokelau legacy elders and leaders of the past who laid the foundation for us, the inter-generational leaders of today and the young people of tomorrow who will take Tokelau towards the future. May this work inspire you to carry the light of hope for the vision of this plan **Te Kāiga Tokelau ke ola manuia ma fiafia** – every day and everywhere.

Ke fakamanuia e Te Atua ia Tokelau

Reverend Elder Tui Sopoaga

Chair – Tokelau Wellington Leadership Group

EXECUTIVE SUMMARY

‘Toku kāiga, he kānava, he fau e hē uia’ - My community, my heritage, a gift that is forever treasured

The Kāiga Tokelau Wellbeing National Strategic Plan 2022–2026 was informed by a National Summit of conversations in seven regions from 31 October to 9 December 2020. The summit involved engaging with approximately 435 people who attended in February 2020 and delivery of a community-endorsed plan in August 2021.

Due to the impacts of COVID-19 redirecting our efforts and energy towards family and community support, the development of the plan was paused and reinstated in March 2022. It has been a legacy effort driven by a genuine desire to contribute and futureproof Tokelau’s voice and visibility in New Zealand’s Pacific wellbeing investment for Pacific peoples in Aotearoa-New Zealand.

STRATEGIC INTENTIONS

It was critical that the project team honoured the indigenous knowledge and understanding of kāiga Tokelau, in the context of Tokelau people themselves and also in the Aotearoa-New Zealand context to ensure it was appropriately applied to the strategic framework developed.

The findings of the summits, with the thematic priority areas and inter-generational conversations, informed the vision statement and value principles reflected below in our Strategic Intentions table. Our strategic framework reflects the Tokelau worldview – for families to live lives of happiness, in harmony with each other and with humility.

KĀIGA TOKELAU WELLBEING STRATEGIC INTENTIONS

VISION AND MISSION STATEMENT

VISION: Ko Te Kāiga Tokelau Ke Ola Manuia Ma Fiafia
Tokelau families living in prosperity and happiness

MISSION: Ke tapena ni auala faka-i-loto o kāiga ke mautinoa ai ko tagata ma na fakalāpotopotoga Tokelau e mau he olaga holoholo lelei ma te manuia
To provide kāiga-centred solutions where Tokelau people and their families and communities prosper

KEY AMBITION AREAS

Family	Culture	Education & Employment	Faith	Housing & Health
To prioritise a duty-of-care principle for family wellbeing first across all generations.	To urgently revitalise, nurture and promote Tokelau language, cultural identity, values and heritage arts as critical parts of family wellbeing.	To accelerate and lift educational achievement, employment stability and upskilling opportunities for Tokelau families through collective efforts.	To affirm the importance of faith and spiritual beliefs and values as essential parts of family wellbeing.	To optimise the critical importance of housing and health through a Tokelau cultural lens on the holistic wellbeing of family.

KEY GUIDING VALUES

OLA FAKATUATUA	OLA FIAFIA	OLA FAKAALOALO	OLA FEĀLOFANI MA TE OLA ALOFA	OLA MANUIA
To live in faith	To live a life of happiness	To live with respect and dignity	To live harmoniously and with compassion	To live a life of prosperity



Our mission as a collective is to empower Pacific communities, government agencies, regional service providers and community development funders, (who wish to engage with Tokelau people, their families and their communities), to create opportunities through a kāiga-centred and cultural lens of support, service delivery and solutions.

CULTURAL WISDOMS

Through the analysis and development of the strategic intentions and goals, we identified the core Tokelau cultural wisdoms from the summit conversations. This has shaped a better understanding of Tokelau's vision of success in Aotearoa-New Zealand:

- At the heart of Tokelau wellbeing is kāiga; family and kinship are the cornerstones of Tokelau society and culture.
- Faith and spirituality within kāiga wellbeing still hold places of importance for Tokelau families, whether they are active members of churches or faiths or not.
- The Tokelau cultural lens of family wellbeing is anchored in a holistic perspective of wellbeing – spiritually, socially, mentally, physically and culturally.
- To prioritise life-long learning opportunities for children, youth and young adults so that educational achievement, employment stability, access to meaningful career pathways and skills training is accelerated.
- Tokelau's heritage, culture, language and values are the ancestral haven for its people, families and communities to live full lives of joy and contentedness.
- *Te va o mātua ma fanau* (the sacred connection to and relationship between parents and children) is an instrumental part of family wellbeing.
- Tokelau families in peaceful and harmonious relationships and living in happiness is an important standard of living and wellbeing.

PRIORITY AMBITION AREAS

The Tokelau Aotearoa-New Zealand community offers five priority ambition areas as part of our Strategic Intentions. These are both interdependent and intervention areas that will enable and achieve positive kāiga wellbeing outcomes:

- **Ambition for Family:** To prioritise, across all generations, a duty-of-care principle for family wellbeing
- **Ambition for Culture:** To urgently revitalise, nurture and promote Tokelau language, cultural identity, values and heritage arts as critical parts of family wellbeing.
- **Ambition for Education and Employment:** To accelerate and lift educational achievement, employment stability and upskilling opportunities for Tokelau families through collective efforts.
- **Ambition for Faith:** To affirm the importance of faith, spiritual beliefs and values as essential parts of family wellbeing.
- **Ambition for Health and Housing:** To optimise the critical importance of housing and health through a Tokelau cultural lens on the holistic wellbeing of family.

To achieve the vision and ambitions, as a national community of distinct regional and organisational groups, it is our hope that we will revitalise the importance of kāiga to achieve Tokelau's wellbeing and prosperity. Kāiga Tokelau therefore, is the foundation stone for manifesting Tokelau Aotearoa-New Zealand's wellbeing outcomes.



INTRODUCTION

‘Ko te kaukāiga e inu ki te mata o te hua e fokotahi’ - The family that drinks from the same eye of the coconut, remains connected and united

The aim of the Kāiga Tokelau Wellbeing National Strategic Plan is to develop a five-year strategic outlook that will inform regional action plans to achieve thriving, harmonious and resilient Tokelau families. This is an opportunity for Tokelau to lead and determine cultural solutions for kāiga wellbeing by ensuring the voices of Tokelau Aotearoa-New Zealand are at the heart of this strategy.

This project is supported by the Ministry of Social Development, Pasefika Proud, which initiated the development of community-led ethnic wellbeing plans with a view to applying ‘strengths-based approaches’ and ‘promoting protective factors that keep families strong, safe and well’.

The Tokelau Wellington Leadership Group was approached to initiate this work and sought the commitment of three atoll organisations: Te Kāiga Fakaofu i Ueligitone Incorporated, Nukunonu Tokelau Wellington Society Incorporated and the Atafu Tokelau Community Group (ATCG). ATCG was asked to lead this project for the benefit of Tokelau communities in Aotearoa-New Zealand.

With the goal in mind, a project working group was established to facilitate the development and formulation of a Kāiga Tokelau Wellbeing National Strategic Plan 2022–2026. Representation on the project team was mandated by the three village organisations, coupled with the skills and cultural expertise required to deliver on the strategy. The work was explicitly and collectively led, delivered and written by Tokelau

for Tokelau. To align the work with the above Tokelau proverb, we enacted the process metaphorically in taking sustenance from the same eye of the coconut to enable through collaboration and unity, a positive outcome.

As this was a national, collective effort, we engaged directly with each of the Tokelau regional leaders and their executives in Auckland, Christchurch, Dunedin, Hutt Valley, Manawatū, Taupō, Porirua and Rotorua, and received their regional and national support for this project. We were inspired by the interest from Ashburton, Timaru, Oamaru and Invercargill; while the number of families was small, we welcomed their enthusiasm and input.

We have come together as Tokelau Aotearoa-New Zealand to give visibility, value and voice to our perspective of wellbeing, which is anchored holistically in kāiga – family. We as Tokelau must continue to raise a national consciousness of kāiga-centred approaches to wellbeing by ensuring that the sacred and ancestral roles and duty of collective care are revitalised and preserved.

We are delighted to present our collective Kāiga Tokelau Wellbeing National Strategic Plan as a national and historical milestone, where a Tokelau cultural lens of wellbeing is explicit and collective.



OUR PEOPLE: TOKELAU PEOPLE IN NEW ZEALAND

‘E kukutia te tiugā lakia, e kukulima kae ala tahi’ - Gather together like a flock of birds, hold hands and go forward as one

Our story as Tokelau peoples in New Zealand spans almost 100 years. The enduring relationship between New Zealand and Tokelau was forged in 1926 when the small island atolls came under New Zealand’s protectorate and formal responsibility. It was then legislated through the Tokelau Administration Act 1948, and a Principles of Partnership was signed between Tokelau and New Zealand in 2003.

The, ‘Pacific Realm of New Zealand’, aptly refers to the constitutional responsibilities New Zealand has to the following Pacific countries: Niue and the Cook Islands, (which are in free-association), and Tokelau, as a non-self-governing territory.

By 2021 we had well established communities in the main cities and smaller regions, with humble beginnings through early migration in the 1950s and the resettlement scheme in the 1960s-1970s, which created opportunities for young Tokelau men and women to travel to New Zealand for work and educational purposes. Today we have third- and fourth-generation Tokelau families residing in Aotearoa-New Zealand.

It was imperative for the project team that we engage with Tokelau communities across New Zealand, an endeavour centred on the principle of inclusion in which all key regions were given opportunities to share their views and experiences. We also felt it was critical to this story that we accurately reflect who we are as a Tokelau community today.

The Tokelau community comprises diverse, inter-generational groups that represent atoll villages, youth, sporting clubs, churches, school-based collectives and Tokelau regionally based groups. Tokelau peoples are also represented in a number of local, ministerial and state-sector boards and advisory groups. There are long-standing organisations that have been established for 50 years, and a growing diversity of inter-generational groups, sector interest groups, advisory groups, legal entities and charitable trusts. The main regions in which Tokelau people reside are Auckland, Rotorua, Taupō, Manawatū, Hutt Valley, Porirua, Christchurch and Dunedin, with smaller communities in Hamilton, Hawke’s Bay, Wairarapa, Gisborne, Oamaru, Timaru and Invercargill.

The Tokelau diaspora in Aotearoa-New Zealand is both inter- and multi-generational, with diverse cultures and identities among second, third and fourth New Zealand-born generations, hence families are of mixed ethnicities, and are now living in multi-generational households. Many Tokelau families from New Zealand have emigrated, predominately to Australia and across the Pacific region. There is now a growing global community of Tokelau families moving away from Aotearoa-New Zealand and living in different parts of the world. For example, there are Tokelau families living in American Samoa, the United Kingdom, the Cook Islands, Korea, Malaysia and Hawaii.



CAPTIONS:

1. Porirua community summit
2. Auckland Tokelau community summit
3. Taupo and Rotorua community summit
4. Manawatū community summit
5. Hutt Valley community summit
6. Christchurch, Ashburton and Timaru Tokelau community summit
7. Dunedin, Oāmaru and Invercargill Tokelau community summit

SNAPSHOT: TOKELAU PEOPLE IN NEW ZEALAND [CENSUS 2018]



NEW ZEALAND is home to the **LARGEST TOKELAU POPULATION IN THE WORLD**, with a population of **8,676** compared with **1,500** living in the home **ATOLLS OF ATAFU, FAKAOFO and NUKUNONU**.



PORIRUA CITY has the **LARGEST TOKELAU POPULATION IN NEW ZEALAND and THE WORLD**.

ALMOST

79 PERCENT

TOKELAU POPULATION in New Zealand are **NEW ZEALAND-BORN GRANDPARENTS, PARENTS** and **YOUNG PEOPLE**, with almost

50 PERCENT

of this population of **TWO OR MORE ETHNICITIES**.

ONLY

2,025

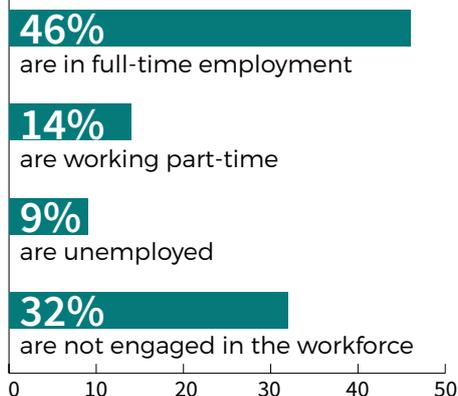
people of **TOKELAU DESCENT IN NEW ZEALAND** are able to **SPEAK GAGANA TOKELAU**. By **INTERNATIONAL STANDARDS** it is currently classified as a **SEVERELY ENDANGERED LANGUAGE**.

The **MEDIAN ANNUAL INCOME** is

\$21,700

with **4.5 PERCENT** of the working population **EARNING \$70-\$100,000**.

WORKING-AGE POPULATION



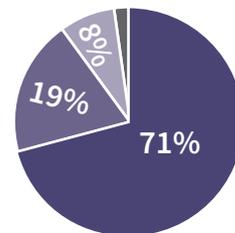
Tokelau people are **MOSTLY EMPLOYED AS LABOURERS (20.5%), COMMUNITY and PERSONNEL WORKERS (15.6%), PROFESSIONALS (15%)** and **TECHNICIANS and TRADE WORKERS (11%)**, with **7.1%** of Tokelau people being in **MANAGERIAL POSITIONS**.

7% 25%

of the Tokelau population hold bachelor degrees or level 7 qualifications

having no qualifications

In terms of religious affiliation, more than **71%** of the total Tokelau population are **CHRISTIANS**, with a growing number of Tokelau people, **19%** stating **NO RELIGION** and **8%** **REFUSING TO ANSWER** this survey question. Other religions noted were **ISLAM, BUDDHISM** and **SPIRITUALISM (NEW AGE RELIGION)**.



OUR SOLUTION – KĀIGA TOKELAU WELLBEING JOURNEY

‘Tui e, te ata kua kakau e laga kita ko te fanau’ - As the dawn breaks, we must rise for our children

NATIONAL KĀIGA WELLBEING SUMMITS

As part of the national mandate across Tokelau regional communities, we agreed to host kāiga summits as the engagement approach that would inform the strategic plan. We scheduled and secured dates for summits from 31 October to 9 December 2020.

These were hosted in the following seven regional locations where the majority of the Tokelau populations reside: 1) Auckland, 2) Taupō, (included those from Rotorua), 3) Palmerston North, 4) Porirua, 5) Hutt Valley, 6) Christchurch, (included families from Ashburton), and 7) Dunedin, (Dunedin also extended an invitation to representatives from Timaru, Oamaru and Invercargill). The more remote communities in the South Island were particularly grateful for the opportunity to participate, which we warmly welcomed, as we had only planned two summits in Dunedin and Christchurch.

The summits were informed by the *talanoa* research methodology, which fosters the importance of open, informal conversations through the sharing of stories, thoughts and views as an appropriate engagement style for Tokelau communities. The conversations were designed to encourage inter-generational dialogue through focus and open group discussions.

It was vital to our engagement approach that we encouraged Tokelau people to share their authentic experiences, reflections, stories and perspectives of traditional and contemporary cultural values and practices to inform the wellbeing context. We focused on personal lived experiences and *aganuku* (cultural ways of life) to build the primary factors of our strategic intentions and plan.



Young people at the Dunedin summit and Invercargill summit

COMMUNICATIONS PLAN

A communications plan was devised to support our various Tokelau communities to understand the purpose of the project, those involved and what the intended outcomes were, and to promote effectively the engagement summits. As a result of many *talanoa* planning sessions we focused on the ‘*Kāiga Tokelau Ke Ola*’ (Tokelau families thriving) concept. It was unanimously agreed that key messages and approaches and the communication campaign would be anchored in our *aganuku* and the enduring values of kāiga wellbeing. In doing so we were able to leverage many community-driven initiatives and publications and ancestral knowledge that promoted the collective consciousness of wellbeing and were anchored in our authenticity as Tokelau peoples.

The following was undertaken to ensure that this explicit position of kāiga wellbeing was delivered:

- Visual representation: a logo for the project was commissioned and designed by Tokelau artists, which highlights the cultural principle of collective responsibility and showing compassion, particularly for those most vulnerable in our families and communities; this is referred to as ‘*alofa ki te tamāmanu*’.
- Digital and social media: a social media campaign, with a radio interview and branding of kāiga wellbeing, was delivered prior to, and during, the summit period. An online presence with a Facebook page was the most effective communications medium for informing communities, hearing from our regions nationally on the summit meetings that were occurring across the country, and mobilising interest.
- Online survey: running parallel to the kāiga summits was an online survey for those who could not be in attendance.
- Teleconference and phone: the leadership group across New Zealand and the summit committee ensured regions were kept abreast on the progress of the project by using Zoom conferences, telephone conversations and emails, where required.
- National engagement summits: kāiga summits were the primary medium that had the most meaning for our communities across New Zealand.
- Mobilising collaboration: these engagements also presented an opportunity for our communities to reconnect, share experiences and discuss future opportunities for collaboration.

METHODOLOGY

National Kāiga Tokelau wellbeing summits

Overall, the project team engaged with 435 people across seven regions, with an online survey option for those who could not attend the summits. Each regional summit documented a programme, registrations and responses. Given that it was a challenging year, with our families and communities dealing with the impacts of COVID-19, the project team were grateful for the heart-warming support we received from all Tokelau regional communities.

An overview of the summits by location, date and attendance is provided below.

SUMMIT	LOCATION	DATE	ATTENDANCE
Summit 1	Porirua	31-Oct-20	200
Summit 2	Manawatū	14-Nov-20	40
Summit 3	Dunedin	21-Nov-20	40
Summit 4	Christchurch	22-Nov-20	30
Summit 5	Taupō/Rotorua	28-Nov-20	40
Summit 6	Auckland	5-Dec-20	50
Summit 7	Lower Hutt	9-Dec-20	35

The summits focused on three key questions to maintain an inclusive engagement approach that was effective for Tokelau people. Keeping it simple, relevant and conversational enabled families' personal stories and experiences to be shared. The questions asked of all groups were:

- What does wellbeing mean to you and your kāiga?
- What are the positive factors for kāiga wellbeing?
- What are the challenging factors for kāiga Tokelau today?

In each of the summit engagements, all focus group discussions and feedback were recorded, and copies were sent back to the regions as official records of the conversations that had taken place. The project team ensured that the views of individuals and focus groups that were recorded, accurately reflected the discussions, to maintain the authenticity of their words and perspectives.

We received substantial responses to the three questions posed at the seven summits. Focus groups were arranged around intergenerational, gendered, or same age groupings. The discussions were recorded and then prepared into one collated summit report. These written reports were then presented at the regional summits. An analysis of the written reports was undertaken and overarching key thematic areas developed.

The wealth of Tokelau's oral culture, which was shared in the stories and words of elders and older members of the community, was so powerful and insightful that these narratives were difficult to share in the regional reports. However, the spirit and heart of kāiga from these sessions have been etched into the pillars of this strategic framework.

NATIONAL SUMMIT INSIGHTS AND FINDINGS

In search of a deeper understanding and appreciation of the Tokelau cultural knowledge and practice and to value our *talatalanoa*, (ongoing conversation and dialogue), the project team ensured that discussions and insights about the Tokelau worldview was articulated accurately. The formulation of the vision, ambition areas and values are the result of this process.

Through the analysis and development of the strategic intentions and goals, we identified the core Tokelau cultural wisdoms from the summit conversations. This helped in shaping and informing a better understanding of Tokelau's vision of success in Aotearoa-New Zealand:

- At the heart of Tokelau wellbeing is kāiga; family and kinship are the cornerstones of Tokelau society and culture.
- Faith and spirituality within kāiga wellbeing still hold places of importance for Tokelau families, whether they are active members of churches or faiths or not.
- The Tokelau cultural lens of family wellbeing is anchored in a holistic perspective of wellbeing – spiritually, socially, mentally, physically and culturally.
- To prioritise life-long learning opportunities for children, youth and young adults so that educational achievement, employment stability, access to meaningful career pathways and skills training is accelerated.
- Tokelau's heritage, culture, language and values are the ancestral haven for its people, families and communities to live full lives of joy and contentedness.
- *Te va o mātua ma fanau* (the sacred connection to and relationship between parents and children) is an instrumental part of family wellbeing.
- Tokelau families in peaceful and harmonious relationships and living in happiness is an important standard of living and wellbeing.

This demonstrates that while the summits were the initial forums for this work, the project team also needed to test their initial analysis and thinking through a cultural lens. Many discussions held by the project team and writers committee were held to ensure our indigenous lens was captured accurately. These conversations happened across Aotearoa-New Zealand through the regional executives, and particularly our revered elders who are the custodians of Tokelau culture and language.



STRATEGIC INTENTIONS AND GOAL AREAS

The strategic intentions, vision and mission statements are a reflection and summation of the Tokelau cultural worldview including the driving ambitions of families to be happy and prosperous. This was strongly supported by the collective community of Tokelau people, who re-affirmed this by providing kāiga-centric solutions and thoughts around investment.

Priority Ambition Areas

The key priority areas that featured across the summit talanoa sessions have been described as five key ‘ambition’ areas with guiding values. These are some of the views that were shared under each of the goal areas:

<p>FAMILY</p>	<ul style="list-style-type: none"> • Prioritise quality time and have dinner together every night • Talanoa, communication, connectedness, talk to your children, have a growth vision for the future • Uplift each other and ke ola fealofani ma ō kāiga • In families – be happy, have a positive attitude, be accepting, be loving, build trust and good communication and be humble • Financial stability, financial security and budgeting skills • Fakatāua te leo o fanau • Happy family and heaps of laughter together, if everyone is happy the family flows • Ke ola lelei ia kāiga ma fanau i loto i ō tatou kāiga • Strong community base and active participation with various Tokelau community organisations and groups • Kai kupu ma uhitaki • Unity of the family is a strong foundation
<p>CULTURE</p>	<ul style="list-style-type: none"> • Language loss and lack of cultural confidence • Understanding inter-generational values, eg elders born in Tokelau and those who are New Zealand born • Culture and our gafa • E heai ni faka-tupega ke faka-ako ai te Gagana Tokelau • Elders not sharing their knowledge • Multicultural families – clash of cultures and clash of values • Learning and embracing the Tokelau language • Positive cultural identity
<p>EDUCATION AND EMPLOYMENT</p>	<ul style="list-style-type: none"> • Employment opportunities and employment stability • Children doing better in school • He lava te fakahoa, taigole te totogi kamata, heai ni galuega, maua gata, he lava na hikili • Youth struggling to find jobs • Educated – aoga lelei a fānau ke lelei na gāluega • Ke iei ni tagata Tokelau i loto ona matata kehekehe a te Malo ke fehoahoani • Lack of employment and income • Having our children being confident, competent learners in both worlds • Knowledge, information and access to support services • Fear of failure at work and school



FAITH	<ul style="list-style-type: none"> • Faith in God is paramount so they can look out for each other • Na tālohaga fakatahi a te kāiga • Attending Sunday mass and services • Mafuta ki Te Atua • Importance of evening family prayers • Loto lelei have a good and open heart • Kí na he olo ki te lotu (not going to church) try to encourage our kids to be strong with their faith • Fakahino ia fanau ki na uiga/values lelei • Fakamagalo and forgive each other
HEALTH	<ul style="list-style-type: none"> • High living costs, cost of housing, lack of housing and ability to live close to each other as a Tokelau community, over-crowding, and having a healthy and clean home • Healthy body, mind and soul • Impact of modern technology, hui o te tau with technology age and technology distractions, children spend too much time with technology and elderly are unable to connect • Being active, sports, exercise regularly, have hobbies • Ke iei ni hokotaga lelei ma na fomai ma na falemai • Positive and balanced mental state • Eating healthily, balance work and family • Easy and affordable access to health

In summary the Tokelau Aotearoa-New Zealand community offers five priority ambition areas as part of our Strategic Intentions. These are both interdependent and intervention areas that will enable and achieve positive kāiga wellbeing outcomes:

- **Ambition for Family:** To prioritise, across all generations, a duty-of-care principle for family wellbeing
- **Ambition for Culture:** To urgently revitalise, nurture and promote Tokelau language, cultural identity, values and heritage arts as critical parts of family wellbeing.
- **Ambition for Education and Employment:** To accelerate and lift educational achievement, employment stability and upskilling opportunities for Tokelau families through collective efforts.
- **Ambition for Faith:** To affirm the importance of faith, spiritual beliefs and values as essential parts of family wellbeing.
- **Ambition for Health and Housing:** To optimise the critical importance of housing and health through a Tokelau cultural lens on the holistic wellbeing of family.

To achieve the vision and ambitions, as a national community of distinct regional and organisational groups, it is our hope that we will revitalise the importance of kāiga to achieve Tokelau’s wellbeing and prosperity.

Kāiga Tokelau therefore, is the foundation stone for manifesting Tokelau Aotearoa-New Zealand’s wellbeing outcomes.

It was strongly featured and a shared perspective that kāiga, (family and kinship relationships), remains relevant to Tokelau New Zealanders’ social structure, ethos and ancestral worldview. It was also viewed that Tokelau families living in prosperity and happiness needed to prioritise family, culture and faith, coupled with collective efforts to optimise education, employment and health outcomes.



Auckland community group

OUR FUTURE: KĀIGA TOKELAU WELLBEING STRATEGIC INTENTIONS AND ACTIONS

‘Ko te au o mātua ko fānau, ko te au o fānau ko mātua’ - The hearts of parents are their children, and the hearts of children are their parents

Using the insights from the summits and in developing our key ambition areas we have developed our Kāiga Tokelau Wellbeing Strategic Intentions. We also see our guiding values as instrumental in ensuring that we achieve our strategic intentions, and these are also captured within our framework.

KĀIGA TOKELAU WELLBEING STRATEGIC INTENTIONS

VISION AND MISSION STATEMENT

VISION: Ko Te Kāiga Tokelau Ke Ola Manuia Ma Fiafia
Tokelau families living in prosperity and happiness

MISSION: Ke tapena ni auala faka-i-loto o kāiga ke mautinoa ai ko tagata ma na fakalāpotopotoga Tokelau e maua he olaga holoholo lelei ma te manuia
To provide kāiga-centred solutions where Tokelau people and their families and communities prosper

KEY AMBITION AREAS

Family	Culture	Education & Employment	Faith	Housing & Health
<p>To prioritise a duty-of-care principle for family wellbeing first across all generations.</p> <p><i>“Ke iloa na tū ma te aga faka-Tokelau – tauhiga o te kāiga, tāpuakiga i loto o te kāiga, nofonofoga faka-te-kāiga” (Auckland Summit)</i></p>	<p>To urgently revitalise, nurture and promote Tokelau language, cultural identity, values and heritage arts as critical parts of family wellbeing.</p> <p><i>“Ke iloa tau tū ma tau aganuku, iloa to fakahinomaga ma, ke iloa ai e koe te atunuku nae hau ai koe” (Christchurch Summit)</i></p>	<p>To accelerate and lift educational achievement, employment stability and upskilling opportunities for Tokelau families through collective efforts.</p> <p><i>“Kikila fakalelei nā fānau ma a lātou akoakoga auā he lumanaki lelei mo te kāiga” (Porirua Summit)</i></p>	<p>To affirm the importance of faith and spiritual beliefs and values as essential parts of family wellbeing.</p> <p><i>“Fakamautū te fakavae o te ola faka-te-agaga ma fakatakiki kia lehū” (Manawatū Summit)</i></p>	<p>To optimise the critical importance of housing and health through a Tokelau cultural lens on the holistic wellbeing of family.</p> <p><i>“Live a long and meaning life - Healthy mentally, physically, emotionally, spiritually and socially” (Taupō and Rotorua Summit)</i></p>

KEY GUIDING VALUES

OLA FAKATUATUA	OLA FIAFIA	OLA FAKAALOALO	OLA FEĀLOFANI MA TE OLA ALOFA	OLA MANUIA
To live in faith	To live a life of happiness	To live with respect and dignity	To live harmoniously and with compassion	To live a life of prosperity



This Kāiga Tokelau Wellbeing National Strategic Plan 2022-2026 focuses on identifying the key areas that Tokelau people, families and communities felt were critical to enabling Kāiga Tokelau wellbeing solutions.

We are mindful of the diversity and capability of regions, suburbs, organisations and communities that are well established and new, in Tokelau Aotearoa-New Zealand. In order to respect the autonomy and dynamics of these regional communities and organisations, we offer some broad strategic actions, for them to determine how best this plan can be operationalised for themselves.

The past decade has seen a growing number of Tokelau regional communities and organisations, developing their own plans for the Tokelau people that they serve. This national wellbeing strategy will complement and contribute to the intentions of those plans. For Tokelau community organisations and regions that have not developed their own plans, this national wellbeing plan can be used as a great starting point for initiating a plan or having key talanoa around how to keep Tokelau families healthy, safe and well.

From the national summit, we identified five key broad strategic actions for regional and national implementation that can be advanced in partnership with local and central government agencies.

ACTION 1: REGIONAL COMMUNITY PROGRAMMES OF ACTION

by utilising this strategic plan to design their own Tokelau regional programmes of action through collaborations with relevant government agencies, local practitioners, providers and services, school community collectives and Pacific trusts and organisations.



Hutt Valley community members at the Porirua summit



Tamaiti Taupo Rotorua

ACTION 2: GROWING TOKELAU INTER-GENERATIONAL LEADERSHIP

by investing in and building Tokelau leadership capabilities from within the community that are culturally diverse and inter-generational and take full advantage of young people and those working in various professions to maximise and unlock kāiga-centred solutions.

ACTION 3: IMPROVE ENGAGEMENT AND EDUCATION

by improving access to information, services, funding and resources available to Tokelau families and communities, particularly in the areas of culture, education, employment and skills training, and health. This can be further advanced through local connections and collaborations with regional government and provider services.

ACTION 4: SHARE TOKELAU BEST PRACTICE, RESOURCES AND SUPPORT

by compiling and sharing a national database of all Tokelau regional community organisations, initiatives and programmes with Tokelau people who are working in key sectors. This would be advantageous in the delivery of successful programmes or services on a national level.

ACTION 5: MOBILISE TOKELAU COMMUNITY COLLECTIVISM

through the newly formed national collective effort and support for this strategy and regular communications that are centred on sharing best practice, service delivery successes, community initiatives and valuable funding avenues.

NEXT STEPS

The Kāiga Tokelau Wellbeing National Strategic Plan has been developed to enable our families and communities to identify ways to build and improve their own wellbeing so that they are strong and resilient.

The Plan also prompts us to think about areas where we may not have the capability and capacity, or means, to implement our national and regional plans. Our thinking is that a ‘whole of government’ approach will work best when approaching agencies who we need to engage with.

In the past, Tokelau organisations and communities have had ad hoc funding from a range of agencies to fund different pieces of work that supports the Tokelau people in New Zealand. However, what would effectively work for us from a Kāiga Tokelau national perspective, is for agencies to work collectively with us, and not in silos.

The Tokelau leaders and project team, in consultation with our regions, are keen for a conversation to take place with agencies following the launch of this plan, on how it might be implemented nationally and regionally.

The Tokelau Aotearoa-New Zealand regions are interested in partnering and working together with Pasefika Proud, the Ministry of Social Development Pacific Team and key government agencies responsible for Tokelau language and culture, family support, community development, education and employment, housing and health.





TOKELAU AOTEAROA-NEW ZEALAND NATIONAL ENDORSEMENT

As a first-time national engagement approach for Tokelau communities in Aotearoa-New Zealand, this is a historical achievement. In past decades engagement has usually been limited to the North Island and dominated by the main cities of Auckland and Wellington.

This project provides for government agencies and funders, access to all our Tokelau regional groups in New Zealand. It is hoped that agencies will appreciate and be inclusive of all Tokelau communities for future consultations, engagement on policy issues and outreach talanoa opportunities.

All key Tokelau regional community groups have collectively supported the development of this Plan and endorse the strategic intentions and actions, as the Kāiga Tokelau Wellbeing National Strategic Plan 2022–2026.

Alefosio Tufala
Auckland Tokelau Society Incorporated

Hitolo Pakome
Tokelau Taupō Community

Himona Apete
Tokelau Rotorua Community

Joe Patelesio
Tokelau Manawatū Community

Tenise Atoni
Atafu Tokelau Community Group Incorporated

Uili Galo
Te Kāiga Fakaofu Tokelau i Ueligitone Incorporated

Peato Mateo
Nukunonu Tokelau Wellington Society Incorporated

Ege Joseph
Te Umiumiga a Tokelau Hutt Valley

Reverend Elder Tui Sopoaga
Tokelau Wellington Leadership Group

Akenehe Pereira and Vaka Lemisio
Tokelau Hutt Valley Sports and Culture Association

Tala Kele and Mele Leautuavao
Tokelau Ashburton and Christchurch Community

Hiliako Iaheto
Tokelau Dunedin Community

Olivia Malama and Fuatai Pelesa
Te Kāiga Fakaofu Tokelau i Ueligitone Incorporated

Ana Perkins and Maleta Malaki
Oāmaru Tokelau Community

Sapphire and Solomon Salesa
Invercargill Tokelau Community

Aleki Patelesio
Mafutaga Tupulaga Tokelau Porirua



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